

# Diabetes and Anxiety

## **Nikita**

27 Years

Female

Hyderabad

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I am a call centre executive and am having this incredible diabetic condition for the past two years.

Often I land up in soup because of my anxiety and my sugar shoots up like rocket.

I was taking Unani medicine for quite sometime but nothing worked out well.

My friend had asked me to try this fruit juice called Indian Noni. I was advised to take 30 ml a day. I tried it because I wanted to get myself fit at any cost. To my surprise, I am not over-anxious now.

I have used this food supplement for 65 days and my sugar level has also become normal. I had put on some weight and I am healthier than before.