

Low Backache & Disc Problems

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In 2003, I was suffering from low back pain and disc problems. I was also having blood pressure. I was treated and advised traction 3 times a day for 6 months. But I did not find much relief.

I was even advised surgery for my disc problem. But I did not undergo any surgery. In September 2003, my son C.S.Srinivas advised me to take Indian Noni along with my medicines.

First I was reluctant to take it. Then after few days I started with hesitation. Within few days, I started feeling the reduction in pain. I also felt my energy is increasing. After 3 months I could sit comfortably for upto 3 hours.

I continue to use Noni and found my condition is improving very much. I even made a visit to Singapore. My son's advising me to continue the maintenance dose of Indian Noni.

I keep telling my friends and relatives about the power of Indian Noni.